



# FutureCare

COLD SPRING

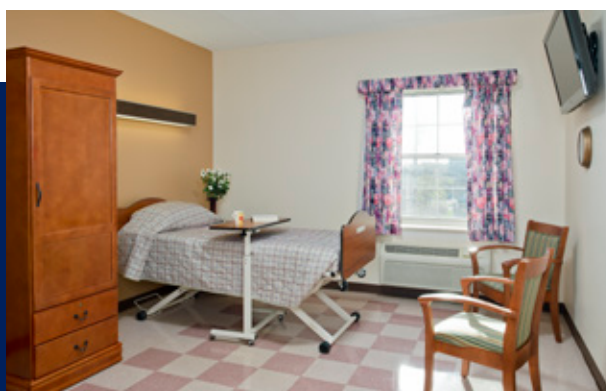
Featuring  
**VitalStrong**<sup>™</sup>  
Rehabilitation

Welcome to FutureCare Cold Spring, located in Northeast Baltimore. We provide residents with our signature care, creating a wonderful environment conducive to healing and wellbeing.

**From Interstate 95 North:** Take the Moravia Road Exit. Continue west for three miles and turn right at the intersection of Moravia Rd and Harford Rd. FutureCare Cold Spring will be immediately on your left, across the street from McDonalds.



FutureCare Cold Spring offers warm and inviting patient rooms equipped with Wi-Fi and flat screen televisions, beautiful dining rooms and state-of-the-art rehabilitation.



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4700 Harford Road, Baltimore, MD 21214  
Phone (410) 254-3300 [www.futurecare.com](http://www.futurecare.com)

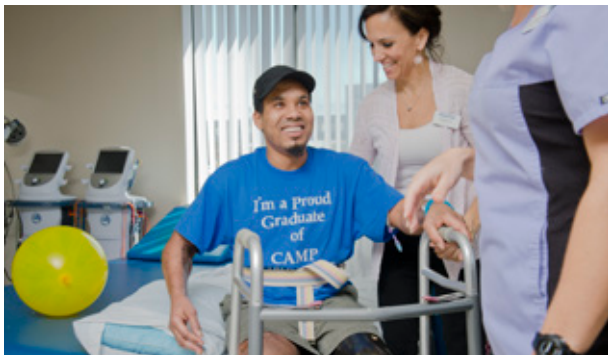
# Getting you home faster and stronger



Our staff prides itself on providing comprehensive short-stay rehabilitation services through our **VitalStrong™** program. VitalStrong™ has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist – a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services up to seven days per week.

At FutureCare Cold Spring we are proud to offer our innovative **CAMPStrong** Program, short for Comprehensive Amputee Management Program. FutureCare has teamed with a local expert on prosthetics and orthotics to create a comprehensive program to follow you from surgery to home and beyond.



## Healthcare Services

- Nurse practitioner and physician services
- Around-the-clock nursing services
- VitalStrong™ - Comprehensive rehab services up to seven days a week featuring state-of-the-art rehab equipment and treatment modalities
- CAMPStrong - Comprehensive Amputee Management Program
- WalkStrong - Comprehensive Orthopedic Rehabilitation
- Physical therapy, occupational therapy and speech therapy daily
- On-site Dialysis
- Wound care and pain management
- IV therapy with bedside PICC line placement when needed
- Pharmacy, laboratory and radiology services
- Nutritional services
- Case management and social services
- Therapeutic recreational activities

## State-of-the-Art Rehab Equipment

**HawkGrips** – Manual soft tissue mobilization instruments used to break down scar tissue and other soft tissue restrictions.

**VitalStim Plus** - Neuromuscular electrical stimulator which re-educates muscles involved in swallowing. The therapist can project a live session onto a computer screen for the patient to see real time results.

**BITS: Bioness Integrated Therapy System** – Interactive touchscreen program for use in PT, OT and SLP. The computerized activities focus on visual scanning, visual motor, visual pursuit and cognition.

**Game Ready** – Cold compression system for musculoskeletal and soft tissue injuries.

**FEES** – Fiberoptic endoscopic evaluation of swallowing.

**Sung Do Motor Driving Rehabilitation Exerciser**

**Other Equipment** – Parallel bars, bariatric stairs and standing frame, fully equipped kitchen and fully equipped bathroom.

**E-Stim, Ultrasound, and Diathermy are available at all FutureCare locations.**