



FutureCare Courtland has beautiful outdoor spaces where residents can enjoy the sun and relax.



Our on-site dialysis center enables those requiring dialysis to receive treatments without having to travel to an outside provider.

Warm and inviting patient rooms equipped with Wi-Fi and flat screen televisions.



From 695 North: Follow I-695 N to MD-26 W/Liberty Road towards Randallstown. Take exit 18B from I-695 N. Turn right onto Washington Ave (please be aware of school zone with posted speed cameras) then turn right onto Milford Mill Rd. Take the first left onto Scotts Level Road.

From 695 South: Follow I-695 S toward Glen Burnie. Take exit 18 for MD-26/Liberty Road toward Lochearn/Randallstown. Turn right onto Liberty Road (signs for MD-26 W Randallstown). Turn right onto Washington Ave (please be aware of school zone with posted speed cameras) then turn right onto Milford Mill Rd. Take the first left onto Scotts Level Road.

From 83 North: Follow 83 N and keep left to continue on Jones Falls Expressway. Take the exit onto I-695 W then take exit 20 for MD-140 S toward Pikesville. Turn left onto Reisterstown Rd. Turn right onto Naylor's Lane then turn right onto Old Court Road Turn left onto Scotts Level Road.



7920 Scotts Level Road Baltimore, MD 21208
(410) 521-3600 www.futurecare.com



Getting you home faster and stronger



Our staff prides itself on providing comprehensive short-stay rehabilitation services through our **VitalStrong™** program. VitalStrong™ has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist – a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services up to seven days per week.

We are proud to offer our innovative **HeartStrong** and **WalkStrong** programs. These comprehensive short-stay programs are individualized to meet your specific needs to get you home faster and stronger.



Healthcare Services

- Nurse practitioner and physician services
- Around-the-clock nursing services
- VitalStrong™ - Comprehensive rehab services up to seven days a week featuring state-of-the-art rehab equipment and treatment modalities
- HeartStrong - This cardiac rehabilitation program strives to maximize your cardiac health through comprehensive rehabilitation, skilled clinical oversight and education
- WalkStrong - Comprehensive Orthopedic Rehabilitation
- On-site dialysis
- IV therapy with bedside PICC line placement when needed
- Pharmacy, laboratory and radiology services
- Nutritional services
- Case management and social services
- Therapeutic recreational activities

State-of-the-Art Rehab Equipment

HawkGrips – Manual soft tissue mobilization instruments used to break down scar tissue and other soft tissue restrictions.

Omnicycle – Upper and lower extremity bicycle which provides visual biofeedback of performance.

VitalStim - Neuromuscular electrical stimulator which re-educates muscles involved in swallowing. The therapist can project a live session onto a computer screen for the patient to see real time results.

BITS: Bioness Integrated Therapy System – Interactive touchscreen program for use in PT, OT and SLP. The computerized activities focus on visual scanning, visual motor, visual pursuit and cognition.

Game Ready – Cold compression system for musculoskeletal and soft tissue injuries.

FEES – Fiberoptic endoscopic evaluation of swallowing.

Other Equipment – Parallel bars, stairs and standing frame, fully equipped kitchen and bathroom

E-Stim, Ultrasound, and Diathermy are available at all FutureCare locations.