

# FutureCare Charles Village

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# FEBRUARY 2019

**Super Bowl LIII** 9  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 11:00 Bible Trivia  
 11:30 Hydration  
 2:00 *New Antioch Church*  
 3:00 Crossword  
 3:30 Hydration  
 6:30 Open Activity

**USO Day** 4  
 9:30 Coffee & Donuts  
 10:00 Chair Exercise  
 10:30 Head Band Game  
 11:30 Hydration  
 2:00 *Bingo*  
 3:00 Music & Playouts  
 3:30 Hydration  
 6:30 Open Activity

**Chinese New Year Starts** 5  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Trivia Pursuit  
 11:30 Hydration  
 2:00 *SeaDepth Entertainment*  
 2:30 Hangman  
 3:30 Hydration  
 6:30 Open Activity

**Lame Duck Day** 6  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 *Feather's Touch*  
 11:30 Hydration  
 2:00 *Resident Council*  
 3:30 Hydration  
 4:00 Win, Lose, or Draw  
 6:30 Open Activity

**Ballet Day** 7  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Table Games  
 11:30 Hydration  
 2:00 *Karaoke*  
 3:00 Musical Outreach  
 3:30 Hydration  
 6:30 Open Activity

**Boy Scouts Birthday** 8  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Sing-Along  
 11:00 Word Association  
 11:30 Hydration  
 2:00 *Happy Hour*  
 3:30 Hydration  
 6:30 Open Activity

**Pizza Day** 9  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 11:00 *Greater Victory Church*  
 2:00 *Fun Art*  
 3:00 Hangman  
 3:30 Hydration  
 6:30 Open Activity

**Umbrella Day** 10  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Bible Trivia  
 11:30 Hydration  
 2:00 *Christ Temple Church*  
 3:30 Hydration  
 3:30 Music & Exercise  
 6:30 Open Activity

**White Shirt Day** 11  
 9:30 Coffee & Donuts  
 10:00 Chair Exercise  
 10:30 *Velvet Coloring*  
 11:30 Hydration  
 2:00 *Bingo*  
 3:00 Music & Playouts  
 3:30 Hydration  
 6:30 Table Games

**Lincoln's Birthday** 12  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Trivia Pursuit  
 11:30 Hydration  
 2:00 *Zumba*  
 2:30 *Arts & Crafts*  
 3:30 Hydration  
 6:30 Table Games

**World Radio Day** 13  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 *Arts & Crafts*  
 11:30 Hydration  
 2:00 Pokemo  
 3:30 Hydration  
 6:30 Bible Study

**Valentine's Day** 14  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Ball Trivia  
 11:30 Hydration  
 2:00 *Valentine's Day Party*  
 3:00 Musical Outreach  
 3:30 Hydration  
 6:30 Open Activity

**Riggo Day** 15  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Sing-Along  
 11:00 Word Association  
 11:30 Hydration  
 2:00 *Ice Cream Social*  
 3:30 Hydration  
 6:30 Open Activity

**World Whale Day** 16  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Reminiscing & Music  
 11:30 Hydration  
 2:00 *Fun Art*  
 3:00 Music & Recap  
 3:30 Hydration  
 6:30 Open Activity

**Daytona 500** 17  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Bible Trivia  
 11:30 Hydration  
 2:00 Table Games  
 3:30 Hydration  
 6:30 Open Activity

**Presidents Day** 18  
 9:30 Coffee & Donuts  
 10:00 Chair Exercise  
 10:30 Head Band Game  
 11:30 Hydration  
 2:00 *Bingo*  
 3:00 Music & Playouts  
 3:30 Hydration  
 6:30 Open Activity

**Iwo Jima Landing Day (1945)** 19  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Hangman  
 11:30 Hydration  
 2:00 *Zumba*  
 3:30 Hydration  
 6:30 Open Activity

**Love Your Pet Day** 20  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 *Feather's Touch*  
 11:30 Hydration  
 2:00 *Movie Matinee*  
 3:30 Hydration  
 6:30 Game Night

**Erna Bombbeck born (1927)** 21  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Ball Trivia  
 11:30 Hydration  
 2:00 *Monthly Birthday Party*  
 3:00 Musical Outreach  
 3:30 Hydration  
 6:30 Open Activity

**Washington's Birthday** 22  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Sing-Along  
 11:00 Word Association  
 11:30 Hydration  
 2:00 *Happy Hour*  
 3:30 Hydration  
 6:30 Open Activity

**Play Tennis Day** 23  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Reminiscing & Music  
 11:30 Hydration  
 2:00 *Fun Art*  
 3:30 Hydration  
 4:00 Hangman  
 6:30 Open Activity

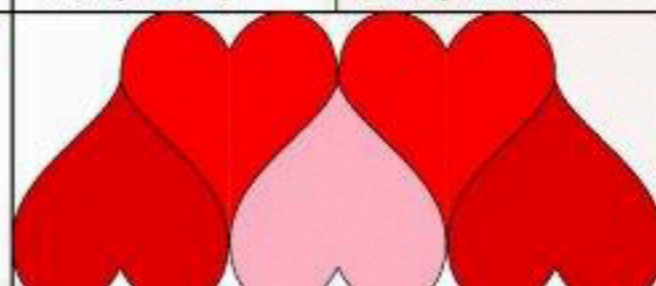
**91st Academy Awards** 24  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 11:00 Bible Trivia  
 11:30 Hydration  
 2:00 Table Games  
 3:00 *Redeeming Seed Church*  
 3:30 Hydration  
 6:30 Open Activity

**Play Mom Cards Day** 25  
 9:30 Coffee & Donuts  
 10:00 Chair Exercise  
 10:30 Word Association  
 11:30 Hydration  
 2:00 *Bingo*  
 3:00 Music & Playouts  
 3:30 Hydration

**Levi Strauss Day (born 1829)** 26  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Trivia  
 11:30 Hydration  
 2:00 *Zumba*  
 2:30 Volleyball  
 3:30 Hydration

**Polar Bear Day** 27  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 *Arts & Crafts*  
 11:30 Hydration  
 2:00 *Red Hat Club*  
 3:30 Hydration  
 6:30 Game Night

**Floral Design Day** 28  
 9:30 Daily Chronicle  
 10:00 Chair Exercise  
 10:30 Word Association  
 11:30 Hydration  
 2:00 *Resident Pizza Party*  
 3:00 Musical Outreach  
 3:30 Hydration  
 6:30 Open Activity



February is ...  
 American Heart Month  
 American History Month  
 Black History Month  
 National Therapeutic Recreation Month  
 National Cherry Month  
 Spunky Old Broads Month  
 Embroidery Month  
 Library Lovers' Month

Family members and friends are invited to attend regularly scheduled and special activities with their loved ones. Please contact the Activity Dept. for details.  
 This schedule is subject to change.