

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019

**FutureCare Cold Spring**  
4700 Harford Rd  
Baltimore, Md 21214  
(410) 254-3300



<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Hydration Social-MD 11:00 Music -MD 12:00 New Psalmist live stream MD 1:00 Resident Room Visit 2:00 CRL Church Svs. -MD 3:30 Music -MD 4:00 Evening Greetings-RR</p>	<p>8:30 Daily Chronicles- RR 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Black History Facts - MD 11:00 Music-MD 1:00 Resident Room Visit 2:30 Feathers Touch-MD 3:30 Music-MD 4:00 Evening Greetings-RR 6:00 Evening Activity -MD</p>	<p>Bus Trip to Movies 8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Chinese New Year- MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Nails-MD 3:30 Music- MD 4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Bowling \$\$-MD 11:00 Music-MD 1:00 Resident Room Visits 2:30 Bingo -MD 3:30 Music-MD 4:00 Evening Greeting 6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch- RR 9:30 Morning Devotion- MD 10:00 FutureCare Chaplin - MD 11:00 Music &amp; Relaxation - MD 1:00 Resident Room Visit 2:30 Nails-MD 3:30 Music- MD 4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 EZ Does it trivia- MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Movie-MD 3:30 Music- MD 4:00 Evening Greetings- RR 6:00 Evening Activity -MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Hand rubs and Discussions-MD 11:00 Music -MD 1:00 Resident Room Visit 2:30 Women's Alive -MD 3:30 Music &amp; Hand rubs-MD 4:00 Evening Greetings-RR</p>
<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Gospel Sermons- MD 11:00 Music &amp; Relaxation-MD 1:00 Resident Room Visit 2:30 Where Eagles Soar -MD 3:30 Music-MD 4:00 Evening Greetings-RR</p>	<p>8:30 Daily Chronicles-RR 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Wacky Wordies- MD 11:00 Music-MD 1:00 Resident Room Visit 2:30 Food Committee-MD 3:30 Music-MD 4:00 Evening Greetings-RR 6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Sounds of the 70's-MD 11:00 Music-MD 1:00 Resident Room Visit 2:30 Planning Committee-MD 3:30 Music-MD 4:00 Evening Greetings-RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Black History Facts-MD 11:00 Music-MD 1:00 Resident Room Visits 2:30 Bingo -MD 3:30 Music-MD 4:00 Evening Greeting 6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Nails - MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Valentines Day Party-MD 3:30 Music- MD 4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Who, What, When?-MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Pokeno -MD 3:30 Music- MD 4:00 Evening Greetings- RR 6:00 Evening Activity -MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion -MD 10:00 Hydration Social -MD 11:00 Music-MD 1:00 Mt.Tabour church Svs-MD 2:30 Holy Tab Church-MD 3:30 Music -MD</p>
<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Current Events - MD 10:30 Hand Rubs-MD 11:00 Music -MD 12:00 New Psalmist stream-MD 1:00 Resident Room visits 2:30 Church Service-MD 3:30 Music-MD 4:00 Evening Greetings-RR</p>	<p>8:30 Daily Chronicles- RR 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Presidents Day Facts - MD 11:00 Music-MD 1:00 Resident Room Visit 2:30 Feathers Touch-MD 3:30 Music-MD 4:00 Evening Greetings-RR 6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Black History Facts- MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Jewelry Making-MD 3:30 Music- MD 4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Star of the Month-MD 11:00 Music-MD 1:00 Resident Room Visits 2:30 Bingo -MD 3:30 Music-MD 4:00 Evening Greeting 6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch- RR 9:30 Morning Devotion- MD 10:00 FutureCare Chaplin - MD 11:00 Music &amp; Relaxation - MD 1:00 Resident Room Visit 2:30 Nails-MD 3:30 Music- MD 4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Words in Word- MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Monthly Bday Party-MD 3:30 Music- MD 4:00 Evening Greetings- RR 6:00 Evening Activity -MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Hand rubs and Discussion - MD 10:30 Music -MD 11:00 Delightful Blessings-MD 1:00 Resident Room Visit 2:30 Faith Hope &amp; Charity-MD 3:30 Music &amp; Hand rubs-MD 4:00 Evening Greetings-RR</p>
<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Gospel Sermons-MD 11:00 Music &amp; Relaxation-MD 1:00 Resident Room Visit 2:30 Hubert Mem. Church-MD 3:00 Music -MD 4:00 Evening Greetings-RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Nails- MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Movie-MD 3:30 Music- MD 4:00 Evening Greetings- RR 6:00 Evening Activity -MD</p>	<p>Bus Trip to Golden Corral 8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Coffee &amp; Treat- MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 Cooking Class-MD 3:30 Music- MD 4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion-MD 10:00 Black History Facts-MD 11:00 Music-MD 1:00 Resident Room Visits 2:30 Bingo -MD 3:30 Music-MD 4:00 Evening Greeting 6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 9:00 AM Greeting &amp;Stretch-RR 9:30 Morning Devotion- MD 10:00 Nails - MD 11:00 Music &amp; Relaxation- MD 1:00 Resident Room Visit 2:30 FutureCare Store-MD 3:30 Music- MD 4:00 Evening Greetings- RR</p>	<p><b>MD- 1st Floor Main Dining Room</b> <b>RR- Room to Room</b> <b>AR- Activity Room</b> <b>RG- Old Rehab Gym</b> <b>CY- Court Yard</b></p>	



All activities are subject to change at the request of our Residents