

# FutureCare NorthPoint

SUNDAY

MONDAY

TUESDAY

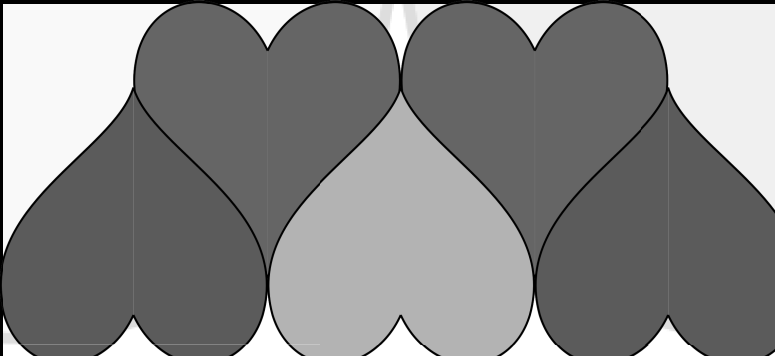
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# FEBRUARY 2019

<b>Super Bowl Sunday</b> <sup>3</sup> 10:30 The Daily Chronicles 10:45 Morning Stretch ♥ 11:00 Juice Cart <b>2:30 Pastor Mical &amp; Kitty</b> 3:30 Wii Bowling ♥ 4:30 Open Activity Room	<b>USO Day</b> <sup>4</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Kickball ♥ 11:00 Hydration Social <b>2:30 Beading</b> <b>2:30 Music Therapy (2A)</b> <b>3:30 Bible Stories</b> 3:30 Sing-Along (2A) 4:30 Open Activity Room <b>7:00 Eastern Assembly of God</b>	<b>Chinese New Year Starts</b> <sup>5</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Coffee Social 11:00 Sittercise ♥ <b>2:30 Bingo</b> <b>2:30 Paint the Sky Blue (2A)</b> 3:30 Story Time (2A) 4:30 Open Activity Room <b>7:00 Wii Bowling ♥</b>	<b>Lame Duck Day</b> <sup>6</sup> <b>10:30 Rosary w/Ms. Adolfo</b> 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Hot Beverage Social <b>12:00 Chinese New Year Luncheon</b> 2:30 Trivia Pursuit <b>3:00 Pastor Mullins</b> <b>3:30 Coloring Time</b> 4:30 Open Activity Room <b>7:00 Women's Group</b>	<b>Ballet Day</b> <sup>7</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social <b>2:30 Our Lady of Hope</b> 2:30 Aromatherapy (2A) <b>3:15 Movie Matinee</b> 3:30 Sensory Board 4:30 Open Activity Room <b>7:00 Men's Group</b>	<b>Spunky Old Broads Day</b> <sup>1</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Morning Stretch ♥ 11:00 Juice Cart <b>2:30 Pet Rocks w/ Tim Amann</b> 4:00 Open Activity Room <b>7:00 Table Games</b>	<b>Groundhog Day</b> <sup>2</sup> 10:30 The Daily Chronicles 10:45 Morning Exercise ♥ 11:00 Juice Cart <b>2:30 Gospel Music w/ Scott Sharp</b> <b>3:30 Bingo</b> 4:30 Open Activity Room
<b>Umbrella Day</b> <sup>10</sup> 10:30 The Daily Chronicles 10:45 Exercise Group ♥ 11:00 Coffee Social <b>2:30 Pastor Mullins</b> 3:30 Wii Bowling ♥ 4:30 Open Activity Room	<b>White Shirt Day</b> <sup>11</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Fitter Sitters ♥ 11:00 Hydration Social <b>2:30 Valentine's Craft</b> <b>2:30 Music Therapy (2A)</b> 3:00 Table Games <b>3:30 Bible Stories</b> 3:30 Sing-Along (2A) 4:30 Open Activity Room <b>7:00 Beading</b>	<b>Lincoln's Birthday</b> <sup>12</sup> 10:30 The Daily Chronicles 10:30 Morning News (2A) 10:45 Manicures <b>2:30 Bingo</b> 2:30 Table Games (2A) 3:30 Name That Tune (2A) 4:30 Open Activity Room <b>7:00 Wii Bowling ♥</b>	<b>World Radio Day</b> <sup>13</sup> <b>10:30 Rosary w/Ms. Adolfo</b> 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Hot Beverage Social 2:30 Trivia Pursuit <b>3:00 Pastor Mullins</b> <b>3:30 Clay Time</b> 4:30 Open Activity Room <b>7:00 Women's Group</b>	<b>Valentine's Day</b> <sup>14</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social <b>12:00 Valentine's Day Luncheon</b> <b>2:30 Our Lady of Hope</b> <b>2:30 Finger Painting (2A)</b> 3:30 Sensory Board 4:00 Open Activity Room <b>7:00 Men's Group</b>	<b>Boy Scouts Birthday</b> <sup>8</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Fitter Sitters ♥ 11:00 Hydration Social <b>2:30 Larry Scott on the Keys</b> 4:30 Open Activity Room <b>7:00 Table Games</b>	<b>Pizza Day</b> <sup>9</sup> 10:30 The Daily Chronicles 10:45 Morning Exercise ♥ 11:30 Juice Cart <b>2:30 Bingo</b> 4:30 Open Activity Room
<b>Daytona 500</b> <sup>17</sup> 10:30 The Daily Chronicles 10:45 Stretch Band ♥ 11:00 Hot Beverage Social <b>2:30 Pastor Mical &amp; Kitty</b> 3:30 Wii Bowling ♥ 4:30 Open Activity Room	<b>Presidents Day</b> <sup>18</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) <b>10:45 Who's That President?</b> 11:00 Hydration Social <b>2:30 Color Me Time</b> <b>2:30 Music Therapy (2A)</b> 3:00 Table Games <b>3:30 Bible Stories</b> 3:30 Sing-Along (2A) 4:30 Open Activity Room	<b>Iwo Jima Landing Day (1945)</b> <sup>19</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Parachute ♥ 11:00 Hot Tea & Coffee Social <b>2:30 Bingo</b> 2:30 Music Therapy (2A) 3:30 Exercise ♥ 4:30 Open Activity Room <b>7:00 Wii Bowling ♥</b>	<b>Love Your Pet Day</b> <sup>20</sup> <b>10:30 Rosary w/Ms. Adolfo</b> 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Hot Beverage Social <b>2:30 Resident Council</b> <b>3:00 Food Committee</b> 4:30 Open Activity Room <b>7:00 Women's Group</b>	<b>Erma Bombeck born (1927)</b> <sup>21</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Simon Says ♥ 11:00 Coffee & Hot Cocoa Social <b>2:30 Our Lady of Hope</b> 2:30 Music & Movement ♥ (2A) <b>3:15 Movie Matinee</b> 3:30 Follow Your Nose 4:30 Open Activity Room <b>7:00 Men's Group</b>	<b>Washington's Birthday</b> <sup>22</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social <b>2:30 D.J. Little on the Turntables</b> 2:30 Sensory Stimulation (2A) 3:30 Sensory Board 4:30 Open Activity Room <b>7:00 Table Games</b>	<b>Play Tennis Day</b> <sup>23</sup> <b>10:00 Zeta Phi Beta Sorority Visits</b> <b>2:30 Bingo</b> 4:30 Open Activity Room
<b>91st Academy Awards</b> <sup>24</sup> 10:30 The Daily Chronicles 10:45 Fitter Sitters ♥ 11:00 Coffee Club <b>2:30 Craft Hour</b> 3:30 Wii Bowling ♥ 4:30 Open Activity Room	<b>Play More Cards Day</b> <sup>25</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Kickball ♥ 11:00 Hydration Social <b>2:30 Craft Hour</b> <b>2:30 Music Therapy (2A)</b> <b>3:30 Bible Stories</b> 3:30 Sing-Along (2A) 4:30 Open Activity Room <b>7:00 Beading</b>	<b>Levi Strauss Day (born 1829)</b> <sup>26</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Coffee Social 11:00 Sittercise ♥ <b>2:30 Bingo</b> <b>2:30 Paint the Sky Blue (2A)</b> 3:30 Story Time (2A) 4:30 Open Activity Room <b>7:00 Wii Bowling ♥</b>	<b>Polar Bear Day</b> <sup>27</sup> <b>10:30 Rosary w/Ms. Adolfo</b> 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Coffee Social 2:30 Common Words <b>3:00 Pastor Mullins</b> <b>3:30 Karaoke</b> 4:30 Open Activity Room <b>5:00 Resident Birthday Dinner</b> <b>7:00 Women's Group</b>	<b>Floral Design Day</b> <sup>28</sup> 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social <b>2:30 Our Lady of Hope</b> 2:30 Aromatherapy (2A) <b>3:15 Movie Matinee</b> 3:30 Sensory Board 4:30 Open Activity Room <b>6:00 Annual Memorial Service</b> <b>7:00 Men's Group</b>		

## Program Notes

**Locations**  
**IF** = 1st Floor  
**2A** = 2nd Floor  
 Activity Room  
**All other activities are held in the 2nd Floor Dining Room unless otherwise indicated.**  
 ♥ = **Cardiac Program**  
 Good for your heart health activities!

**X-Box**  
**Available for residents in the Activities Office**  
**Small Group Sessions Monday-Friday 12-2 p.m. in the Activities Office**  
**Beauty/Barber Shop Tuesdays, 10 a.m.-3 p.m. in the Beauty Salon**

**February is . . .**  
 American Heart Month  
 American History Month  
 National Therapeutic Recreation Month  
 Black History Month  
 National Cherry Month  
 Spunky Old Broads Month  
 Embroidery Month  
 Library Lovers' Month  
 Bird Feeding Month  
 Sweet Potato Month

Family members and friends are invited to attend regularly scheduled and special activities with their loved ones. Please contact the Activity Department for details.

**This schedule is subject to change.**