

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January 2019</p> <p><i>FutureCare Cold Spring</i></p> <p><i>4700 Harford Rd</i></p> <p>Baltimore, Md 21214 (410) 254-3300</p>						
<p>8:30 Morning Room Visits 6</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Hydration Social-MD</p> <p>11:00 Music -MD</p> <p>12:00 New Psalmist live stream MD</p> <p>1:00 Resident Room Visit</p> <p>2:00 CRL Church Svs. -MD</p> <p>3:30 Music -MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Daily Chronicles- RR 7</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Words in Word-MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Feathers Touch-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 8</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Wacky Wordies-MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Planning Committee-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Morning Room Visits 9</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Do you hear what I hear-MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visits</p> <p>2:30 Bingo -MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greeting</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 10</p> <p>9:00 AM Greeting &Stretch- RR</p> <p>9:30 Morning Devotion- MD</p> <p>10:00 FutureCare Chaplin - MD</p> <p>11:00 Music & Relaxation - MD</p> <p>1:00 Resident Room Visit</p> <p>1:00 Jehovah Witness Svs -MD</p> <p>2:30 Nails -MD</p> <p>3:30 Music- MD</p> <p>4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 11</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Trivia \$\$ -MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Movie-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 12</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Hand Rubs & Discussion -MD</p> <p>11:00 Music -MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Women's Alive -MD</p> <p>3:30 Music & Hand rubs-MD</p> <p>4:00 Evening Greetings-RR</p>
<p>8:30 Morning Room Visits 13</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Gospel Sermons- MD</p> <p>11:00 Music & Relaxation-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Where Eagles Soar -MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Daily Chronicles-RR 14</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Bean Bag Toss \$\$-MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Food Committee-MD</p> <p>2:45 Resident Council-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 15</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Hydration Social -MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30Cooking Class-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Morning Room Visits 16</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:0 Zoo: Giraffes, Elephants, and More -MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visits</p> <p>2:30 Bingo -MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greeting</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 17</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion- MD</p> <p>10:00 Nails - MD</p> <p>11:00 Music & Relaxation- MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Jewelry Making-MD</p> <p>3:30 Music- MD</p> <p>4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 18</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Bowling \$\$ -MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Movie-MD</p> <p>2:45 Popcorn-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 19</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion -MD</p> <p>10:00 Hydration Social-MD</p> <p>11:00 Music-MD</p> <p>1:00 Mt.Tabour church svs-MD</p> <p>2:30 Holy Tab Church-MD</p> <p>2:30 Movie- 3B dayroom</p> <p>3:30 Music -MD</p> <p>4:00 Evening Greetings-RR</p>
<p>8:30 Morning Room Visits 20</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Current Events - MD</p> <p>10:30 Hand Rubs-MD</p> <p>11:00 Music -MD</p> <p>12:00 New Psalmist stream-MD</p> <p>1:00 Resident Room visits</p> <p>2:30 Church Service-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Daily Chronicles- RR 21</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 MLK Facts- MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Feathers Touch-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p> <p>6:00 Evening Activity-MD</p> <p><i>Martin Luther King Day</i> <i>Tu B'Shevat</i></p>	<p>8:30 Morning Room Visits 22</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Activi-TEA social -MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Activities Bingo-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Morning Room Visits 23</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Oh the places you'll go-MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visits</p> <p>2:30 Bingo -MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greeting</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 24</p> <p>9:00 AM Greeting &Stretch- RR</p> <p>9:30 Morning Devotion- MD</p> <p>10:00 FutureCare Chaplin - MD</p> <p>11:00 Music & Relaxation - MD</p> <p>1:00 Resident Room Visit</p> <p>1:00 Jehovah Witness Svs -MD</p> <p>2:30 Nails-MD</p> <p>2:45 Dr. Seuss Movies-MD</p> <p>3:30 Music- MD</p> <p>4:00 Evening Greetings- RR</p>	<p>8:30 Morning Room Visits 25</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Balloon Volleyball -MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30The Places you'll go party/Monthly Bday Party-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 26</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Reading - MD</p> <p>10:30 Music -MD</p> <p>11:00 Delightful Blessings-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Faith Hope & Charity-MD</p> <p>3:30 Music & Hand rubs-MD</p> <p>4:00 Evening Greetings-RR</p>
<p>8:30 Morning Room Visits 27</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Gospel Sermons-MD</p> <p>11:00 Music & Relaxation-MD</p> <p>1:00 Resident Room Visit-</p> <p>2:30 Hubert Mem. Church-MD</p> <p>3:00 Music -MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Morning Room Visits 28</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Australia Day -MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Movie-MD</p> <p>3:30 Popcorn-MD</p> <p>4:00 Evening Greetings-RR</p> <p>6:00 Evening Activity-MD</p> <p><i>Australia Day (observed)</i></p>	<p>8:30 Morning Room Visits 29</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Cost of living in 1983MD</p> <p>10:30 Current Events-MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Future Care Store-MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greetings-RR</p>	<p>8:30 Morning Room Visits 30</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion-MD</p> <p>10:00 Hydration Social-MD</p> <p>11:00 Music-MD</p> <p>1:00 Resident Room Visits</p> <p>2:30 Bingo -MD</p> <p>3:30 Music-MD</p> <p>4:00 Evening Greeting</p> <p>6:00 Evening Activity-MD</p>	<p>8:30 Morning Room Visits 31</p> <p>9:00 AM Greeting &Stretch-RR</p> <p>9:30 Morning Devotion- MD</p> <p>10:00 Nails - MD</p> <p>11:00 Music & Relaxation- MD</p> <p>1:00 Resident Room Visit</p> <p>2:30 Cooking Class-MD</p> <p>3:30 Music- MD</p> <p>4:00 Evening Greetings- RR</p>	<p>MD- 1st Floor Main Dining Room</p> <p>RR- Room to Room</p> <p>AR- Activity Room</p> <p>RG- Old Rehab Gym</p> <p>CY- Court Yard</p>	

All activities are subject to change at the request of our Residents