

FutureCare NorthPoint

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>JANUARY</h1>						
		New Year's Day 1 10:30 The Daily Chronicles 10:45 Parachute ♥ 11:00 Hot Tea & Coffee Social 2:30 Bingo 4:30 Open Activity Room Happy New Year!	Science Fiction Day 2 10:30 Rosary w/Ms. Adolfo 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Hot Beverage Social 2:30 Trivia Pursuit 3:00 Pastor Mullins 3:30 Coloring Time 4:30 Open Activity Room 7:00 Women's Group	J.R.R. Tolkien Day 3 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social 2:30 Our Lady of Hope 2:30 Aromatherapy (2A) 3:15 Movie Matinee 3:30 Sensory Board 4:30 Open Activity Room 7:00 Men's Group	Nat'l Trivia Day 4 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Morning Stretch ♥ 11:00 Juice Cart 2:30 Pet Rocks w/ Tim Amann 4:00 Open Activity Room 7:00 Table Games	The 12th Night 5 10:30 The Daily Chronicles 10:45 Morning Exercise ♥ 11:00 Juice Cart 2:30 Gospel Music w/ Scott Sharp 3:30 Bingo 4:30 Open Activity Room
Epiphany 6 10:30 The Daily Chronicles 10:45 Morning Stretch ♥ 11:00 Juice Cart 2:30 Pastor Mical & Kitty 3:30 Wii Bowling ♥ 4:30 Open Activity Room	Nat'l Bobblehead Day 7 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Kickball ♥ 11:00 Hydration Social 2:30 Reminiscing 2:30 Music Therapy (2A) 3:30 Bible Stories 3:30 Sing-Along (2A) 4:30 Open Activity Room 7:00 Eastern Assembly of God	Argyle Day 8 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Coffee Social 11:00 Sittercise ♥ 2:30 Bingo 2:30 Paint the Sky Blue (2A) 3:30 Story Time (2A) 4:30 Open Activity Room 7:00 Wii Bowling ♥	Nat'l Apricot Day 9 10:30 Rosary w/Ms. Adolfo 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Hot Beverage Social 2:30 Trivia Pursuit 3:00 Pastor Mullins 3:30 Clay Time 4:30 Open Activity Room 7:00 Women's Group	Peculiar People Day 10 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social 2:30 Movie Matinee 2:30 Finger Painting (2A) 3:30 Sensory Board 4:00 Open Activity Room 7:00 Men's Group	Milk Day 11 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Fitter Sitters ♥ 11:00 Hydration Social 2:30 Larry Scott on the Keys 4:30 Open Activity Room 7:00 Table Games	Nat'l Pharmacist Day 12 10:30 The Daily Chronicles 10:45 Morning Exercise ♥ 11:30 Juice Cart 2:30 Bingo 4:30 Open Activity Room
Rubber Duckie Day 13 10:30 The Daily Chronicles 10:45 Exercise Group ♥ 11:00 Coffee Social 2:30 Pastor Mullins 3:30 Wii Bowling ♥ 4:30 Open Activity Room	Internat'l Kite Day 14 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Fitter Sitters ♥ 11:00 Hydration Social 2:30 Winter Craft 2:30 Music Therapy (2A) 3:00 Table Games 3:30 Bible Stories 3:30 Sing-Along (2A) 4:30 Open Activity Room 7:00 Beading	Nat'l Hat Day 15 10:30 The Daily Chronicles 10:30 Morning News (2A) 10:45 Manicures 2:30 Bingo 2:30 Table Games (2A) 3:30 Name That Tune (2A) 4:30 Open Activity Room 7:00 Wii Bowling ♥	Religious Freedom Day 16 10:30 Rosary w/Ms. Adolfo 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Hot Beverage Social 2:30 Resident Council 3:00 Food Committee 4:30 Open Activity Room 7:00 Women's Group	Cable Car Day 17 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Simon Says ♥ 11:00 Coffee & Hot Cocoa Social 2:30 Our Lady of Hope 2:30 Music & Movement ♥ (2A) 3:15 Movie Matinee 3:30 Follow Your Nose 4:30 Open Activity Room 7:00 Men's Group	Maintenance Day 18 10:30 The Daily Chronicles 10:30 Morning News (2A) 10:45 Sittercise ♥ 11:00 Hydration Social 2:30 Krater James on the Mic 3:30 Trivia 4:30 Open Activity Room 7:00 Table Games	Nat'l Popcorn Day 19 10:30 The Daily Chronicles 10:45 Fitter Sitters ♥ 11:00 Hot Beverage Social 2:30 Bingo 4:30 Open Activity Room
Nat'l Activity Prof. Week 20 10:30 The Daily Chronicles 10:45 Stretch Band ♥ 11:00 Hot Beverage Social 2:30 Pastor Mical & Kitty 3:30 Wii Bowling ♥ 4:30 Open Activity Room	M.L. King, Jr. Day 21 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Balloon Volleyball ♥ 11:00 Hydration Social 2:30 Color Me Time 2:30 Music Therapy (2A) 3:00 Table Games 3:30 Bible Stories 3:30 Sing-Along (2A) 4:30 Open Activity Room	Celebration of Life Day 22 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Parachute ♥ 11:00 Hot Tea & Coffee Social 2:30 Bingo 2:30 Music Therapy (2A) 3:30 Exercise ♥ 4:30 Open Activity Room 7:00 Wii Bowling ♥	Nat'l Handwriting Day 23 10:30 Rosary w/Ms. Adolfo 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Coffee Social 2:30 Common Words 3:00 Pastor Mullins 3:30 Karaoke 4:30 Open Activity Room 7:00 Women's Group	Belly Laugh Day 24 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social 2:30 D.J. Little on the Turntables 2:30 Sensory Stimulation (2A) 3:30 Sensory Board 4:30 Open Activity Room 7:00 Men's Group	Nat'l Opposite Day 25 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Archery ♥ 11:00 Hot Beverage Social 2:30 Movie Matinee 2:30 Aromatherapy (2A) 4:30 Open Activity Room 7:00 Table Games	Spouses Day 26 10:00 Zeta Phi Beta Sorority Visits 2:30 Bingo 4:30 Open Activity Room
National Geographic Day 27 10:30 The Daily Chronicles 10:45 Fitter Sitters ♥ 11:00 Coffee Club 2:30 Craft Hour 3:30 Wii Bowling ♥ 4:30 Open Activity Room	Nat'l Kazoo Day 28 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Kickball ♥ 11:00 Hydration Social 2:30 Craft Hour 2:30 Music Therapy (2A) 3:00 Table Games 3:30 Bible Stories 3:30 Sing-Along (2A) 4:30 Open Activity Room 7:00 Beading	Nat'l Puzzle Day 29 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Coffee Social 11:00 Sittercise ♥ 2:30 Bingo 2:30 Paint the Sky (2A) 3:30 Story Time (2A) 4:30 Open Activity Room 7:00 Wii Bowling ♥	Nat'l Croissant Day 30 10:30 Rosary w/Ms. Adolfo 10:30 Morning Glory (2A) 10:45 The Daily Chronicles 11:00 Hot Beverage Social 2:30 Trivia Pursuit 3:00 Pastor Mullins 3:30 Winter Craft 4:30 Open Activity Room 7:00 Women's Group	Nat'l Backward Day 31 10:30 The Daily Chronicles 10:30 Morning Glory (2A) 10:45 Stretch Band ♥ 11:00 Hydration Social 2:30 Our Lady of Hope 2:30 Aromatherapy (2A) 3:15 Movie Matinee 3:30 Sensory Board 4:30 Open Activity Room 7:00 Men's Group	<h1>2019</h1>	

Program Notes

Locations
IF = 1st Floor
2A = 2nd Floor
Activity Room
All other activities are held in the 2nd Floor Dining Room unless otherwise indicated.
♥ = Cardiac Program
Good for your heart health activities!
X-Box
Available for residents in the Activities Office
Small Group Sessions Monday-Friday 12-2 p.m. in the Activities Office
Beauty/Barber Shop Tuesdays, 10 a.m.-3 p.m. in the Beauty Salon

January is...
 Book Blitz Month
 Get Organized Month
 Nat'l Blood Donor Month
 Nat'l Hobby Month
 Nat'l Hot Tea Month
 Nat'l Skating Month
 Nat'l Soup Month
 Nat'l Oatmeal Month
 Internat'l Brain Teaser Month

Family members and friends are invited to attend regularly scheduled and special activities with their loved ones. Please contact the Activity Department for details.

This schedule is subject to change.