

FutureCare NorthPoint

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Program Notes

March 2019

<p>Namesake Day 3</p> <p>10:30 The Daily Chronicles</p> <p>10:45 Morning Stretch ♥</p> <p>11:00 Juice Cart</p> <p>2:30 Pastor Mical & Kitty</p> <p>3:30 Wii Bowling ♥</p> <p>4:30 Open Activity Room</p>	<p>Hug a G.I. Day 4</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Kickball ♥</p> <p>11:00 Hydration Social</p> <p>2:30 Creating Mardi Gras Masks</p> <p>2:30 Music Therapy (2A)</p> <p>3:30 Bible Stories</p> <p>3:30 Sing-Along (2A)</p> <p>4:30 Open Activity Room</p> <p>7:00 Eastern Assembly of God</p>	<p>Mardi Gras/Fat Tuesday 5</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Coffee Social</p> <p>11:00 Sittercise ♥</p> <p>12:00 Mardi Gras Luncheon</p> <p>2:30 Bingo</p> <p>2:30 Paint the Sky Blue (2A)</p> <p>3:30 Story Time (2A)</p> <p>4:30 Open Activity Room</p> <p>7:00 Wii Bowling ♥</p>	<p>Ash Wednesday 6</p> <p>10:30 Rosary w/Ms. Adolfo</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 The Daily Chronicles</p> <p>11:00 Hot Beverage Social</p> <p>2:30 Trivia Pursuit</p> <p>3:00 Pastor Mullins</p> <p>3:30 Coloring Time</p> <p>4:30 Open Activity Room</p> <p>7:00 Women's Group</p>	<p>Nametag Day 7</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Stretch Band ♥</p> <p>11:00 Hydration Social</p> <p>2:30 Our Lady of Hope</p> <p>2:30 Aromatherapy (2A)</p> <p>3:00 Movie Matinee</p> <p>3:30 Sensory Board</p> <p>4:30 Open Activity Room</p> <p>7:00 Men's Group</p>	<p>Nat'l Day 1</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Morning Stretch ♥</p> <p>11:00 Juice Cart</p> <p>2:30 Pet Rocks w/ Tim Amann</p> <p>4:00 Open Activity Room</p> <p>7:00 Table Games</p>	<p>Dr. Seuss Day 2</p> <p>10:30 The Daily Chronicles</p> <p>10:45 Morning Exercise ♥</p> <p>11:00 Juice Cart</p> <p>2:30 Gospel Music w/ Scott Sharp</p> <p>3:30 Bingo</p> <p>4:30 Open Activity Room</p>
<p>Daylight Saving Begins 10</p> <p>10:30 The Daily Chronicles</p> <p>10:45 Exercise Group ♥</p> <p>11:00 Coffee Social</p> <p>2:30 Pastor Mullins</p> <p>3:30 Wii Bowling ♥</p> <p>4:30 Open Activity Room</p>	<p>Johnny Appleseed Day 11</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Fitter Sitters ♥</p> <p>11:00 Hydration Social</p> <p>2:30 St. Patrick's Day Craft</p> <p>2:30 Music Therapy (2A)</p> <p>3:00 Table Games</p> <p>3:30 Bible Stories</p> <p>3:30 Sing-Along (2A)</p> <p>4:30 Open Activity Room</p> <p>7:00 Beading</p>	<p>Girl Scouts' B'day (1912) 12</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning News (2A)</p> <p>10:45 Manicures</p> <p>2:30 Bingo</p> <p>2:30 Table Games (2A)</p> <p>3:30 Name That Tune (2A)</p> <p>4:30 Open Activity Room</p> <p>7:00 Wii Bowling ♥</p>	<p>K-9 Veterans Day 13</p> <p>10:30 Rosary w/Ms. Adolfo</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 The Daily Chronicles</p> <p>11:00 Hot Beverage Social</p> <p>2:30 Trivia Pursuit</p> <p>3:00 Pastor Mullins</p> <p>3:30 Clay Time</p> <p>4:30 Open Activity Room</p> <p>7:00 Women's Group</p>	<p>Pi (π) Day 14</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Stretch Band ♥</p> <p>11:00 Hydration Social</p> <p>2:30 Our Lady of Hope</p> <p>2:30 Finger Painting (2A)</p> <p>3:00 Movie Matinee</p> <p>3:30 Music Therapy (2A)</p> <p>4:00 Open Activity Room</p> <p>7:00 Men's Group</p>	<p>The Ides of March 15</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning News (2A)</p> <p>10:45 Sittercise ♥</p> <p>11:00 Hydration Social</p> <p>2:30 St. Patrick's Day Celebration w/Krater Jaymes on the Mic</p> <p>3:30 Trivia</p> <p>4:30 Open Activity Room</p> <p>7:00 Table Games</p>	<p>Panda Day 16</p> <p>10:30 The Daily Chronicles</p> <p>10:45 Fitter Sitters ♥</p> <p>11:30 Hot Beverage Social</p> <p>2:30 Bingo</p> <p>4:30 Open Activity Room</p>
<p>St. Patrick's Day 17</p> <p>10:30 The Daily Chronicles</p> <p>10:45 Stretch Band ♥</p> <p>11:00 Hot Beverage Social</p> <p>2:30 Pastor Mical & Kitty</p> <p>3:30 Wii Bowling ♥</p> <p>4:30 Open Activity Room</p>	<p>Awkward Moments Day 18</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Manicures</p> <p>11:00 Hydration Social</p> <p>2:30 Color Me Time</p> <p>2:30 Music Therapy (2A)</p> <p>3:00 Table Games</p> <p>3:30 Bible Stories</p> <p>3:30 Sing-Along (2A)</p> <p>4:30 Open Activity Room</p>	<p>Nat'l Certified Nurses Day 19</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Parachute ♥</p> <p>11:00 Hot Tea & Coffee Social</p> <p>2:30 Bingo</p> <p>2:30 Music Therapy (2A)</p> <p>3:30 Exercise ♥ (2A)</p> <p>4:30 Open Activity Room</p> <p>7:00 Wii Bowling ♥</p>	<p>Spring returns 20</p> <p>10:30 Rosary w/Ms. Adolfo</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 The Daily Chronicles</p> <p>11:00 Hot Beverage Social</p> <p>2:30 Resident Council</p> <p>3:00 Food Committee</p> <p>4:30 Open Activity Room</p> <p>7:00 Women's Group</p>	<p>Poetry Day 21</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Simon Says ♥</p> <p>11:00 Coffee & Hot Cocoa Social</p> <p>2:30 Our Lady of Hope</p> <p>2:30 Music & Movement ♥ (2A)</p> <p>3:15 Movie Matinee</p> <p>3:30 Follow Your Nose</p> <p>4:00 Open Activity Room</p> <p>7:00 Men's Group</p>	<p>Tuskegee Airmen Day 22</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Stretch Band ♥</p> <p>11:00 Hydration Social</p> <p>2:30 D.J. Little on the Turntables</p> <p>2:30 Sensory Stimulation (2A)</p> <p>3:30 Sensory Board</p> <p>4:30 Open Activity Room</p> <p>7:00 Table Games</p>	<p>Nat'l Puppy Day 23</p> <p>10:30 The Daily Chronicles</p> <p>10:45 Morning Exercise ♥</p> <p>11:00 Juice Cart</p> <p>3:30 Bingo</p> <p>4:30 Open Activity Room</p>
<p>10:30 The Daily Chronicles</p> <p>10:45 Fitter Sitters ♥</p> <p>11:00 Coffee Club</p> <p>2:30 Craft Hour</p> <p>3:30 Wii Bowling ♥</p> <p>4:30 Open Activity Room</p>	<p>Nat'l Medal of Honor Day 25</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Kickball ♥</p> <p>11:00 Hydration Social</p> <p>2:30 Craft Hour</p> <p>2:30 Music Therapy (2A)</p> <p>3:30 Bible Stories</p> <p>3:30 Sing-Along (2A)</p> <p>4:30 Open Activity Room</p> <p>7:00 Beading</p>	<p>Purple Day 26</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Coffee Social</p> <p>11:00 Sittercise ♥</p> <p>2:30 Bingo</p> <p>2:30 Paint the Sky Blue (2A)</p> <p>3:30 Story Time (2A)</p> <p>4:30 Open Activity Room</p> <p>7:00 Wii Bowling ♥</p>	<p>Barnum & Bailey Day 27</p> <p>10:30 Rosary w/Ms. Adolfo</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 The Daily Chronicles</p> <p>11:00 Coffee Social</p> <p>2:30 Common Words</p> <p>3:00 Pastor Mullins</p> <p>3:30 Karaoke</p> <p>4:30 Open Activity Room</p> <p>5:00 Resident Birthday Dinner</p> <p>7:00 Women's Group</p>	<p>MLB Opening Day 28</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning Glory (2A)</p> <p>10:45 Stretch Band ♥</p> <p>11:00 Hydration Social</p> <p>12:00 Opening Day Luncheon</p> <p>2:30 Our Lady of Hope</p> <p>2:30 Aromatherapy (2A)</p> <p>3:00 Movie Matinee</p> <p>3:30 Sensory Board</p> <p>4:30 Open Activity Room</p> <p>7:00 Men's Group</p>	<p>Vietnam War Vets Day 29</p> <p>10:30 The Daily Chronicles</p> <p>10:30 Morning News (2A)</p> <p>10:45 Morning Stretch ♥</p> <p>11:00 Juice Cart</p> <p>2:30 Jay Watcher on the Banjo</p> <p>4:30 Open Activity Room</p> <p>7:00 Table Games</p>	<p>Doctors' Day 30</p> <p>10:00 Zeta Phi Beta Sorority Visits</p> <p>2:30 Bingo</p> <p>4:30 Open Activity Room</p>
<p>10:30 The Daily Chronicles</p> <p>10:45 Morning Stretch ♥</p> <p>11:00 Juice Cart</p> <p>2:30 Beading</p> <p>3:30 Wii Bowling ♥</p> <p>4:30 Open Activity Room</p>						

Locations

IF = 1st Floor
2A = 2nd Floor
Activity Room
All other activities are held in the 2nd Floor Dining Room unless otherwise indicated.

♥ = **Cardiac Program**
 Good for your heart health activities!

X-Box
Available for residents in the Activities Office

Small Group Sessions Monday-Friday 12-2 p.m.
 in the Activities Office

Beauty/Barber Shop Tuesdays, 10 a.m.-3 p.m.
 in the Beauty Salon

March is . . .

- Social Work Month
- Craft Month
- Red Cross Month
- National Nutrition Month
- Women's History Month
- Irish-American Heritage Month
- Optimism Month
- National Kite Month
- National Umbrella Month

Family members and friends are invited to attend regularly scheduled and special activities with their loved ones. Please contact the Activity Department for details.

This schedule is subject to change.