



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Good Morning Old Court 1 10:00 Morning Stretch 10:15 Juice Bar 10:30 May Day Quotes 10:45 May Day Message 2:00 Resident Council Meeting 3:00 Hand Massages 6:30 Resident Card Night <small>May Day</small>	9:30 Good Morning Old Court 2 10:00 Morning Stretch 10:15 Juice Bar 10:30 May Crafts 2:00 Bingo 3:00 Trivia Fun 6:30 Open Activity Room	9:30 Good Morning Old Court 3 10:00 Morning Stretch 10:15 Juice Bar 10:30 Word in a Word 2:00 Happy Hour w/Sea Depth 3:00 Guggenheim 6:30 Resident Movie Night	9:30 Good Morning Old Court 4 10:00 Morning Stretch 10:15 Juice Bar 10:30 This and That Trivia 10:45 Zerthath Church Service 2:00 Bingo 3:00 Liberty 7 <sup>th</sup> Day Adventist Church Service 6:30 Resident Card Night
9:30 Good Morning Old Court 5 10:00 Morning Stretch/Juice 10:30 Morning Star Baptist Church 1:00 New Antioch Baptist Church 2:30 Sunday Movie Matinee 3:30 Cinco de Mayo Trivia & facts 6:30 Open Activity Room <small>Cinco de Mayo</small>	9:30 Good Morning Old Court 6 10:00 Morning Stretch 10:15 Juice Bar 10:30 Daily Devotional 11:00 Mind Joggers 2:00 Ramadan's secret Quotes 3:30 Lunar Categories 6:30 Resident Bingo <small>Ramadan</small>	<b>Health &amp; wellness Day 7</b> 9:30 Good Morning Old Court 10:00 Morning Stretch 10:15 Juice Bar 10:30 Bible Study w/ Mr. Eddie 2:00 Union Bethel AME Church 3:00 Hand Massage and Movie 6:30 Resident Game Night	9:30 Good Morning Old Court 8 10:00 Morning Stretch 10:15 Juice Bar 10:30 Daily Devotional 10:45 Guggenheim 2:00 Nail Care & Movie 3:30 Hydration 6:30 Resident Card Night	9:30 Good Morning Old Court 9 10:00 Morning Stretch 10:15 Juice Bar 10:30 Brian Aerobics 11:00 Mind Joggers 2:00 Mother's Day Social 6:30 Open Activity Room	9:30 Good Morning Old Court 10 10:00 Morning Stretch 10:15 Juice Bar 10:30 Discussion Group 11:00 Bible Trivia 2:00 Happy Hour 3:00 What Do you Know 6:30 Resident Movie Night	9:30 Good Morning Old Court 11 10:00 C.O.G.I.C Church 11:00 Name That Tune 2:00 Bingo 3:00 Pikesville International Church 6:30 Resident Card Night
9:30 Good Morning Old Court 12 10:00 Morning Stretch/Juice 10:30 Morning Star Baptist 11:30 Spiritual Music 2:00 Union Bethel AME Church 3:00 Mother's Day Discussing 6:30 Open Activity Room <small>Mother's Day</small>	9:30 Good Morning Old Court 13 10:00 Morning Stretch 10:15 Juice Bar 10:30 Who Am I 11:00 Guggenheim 2:00 Board games 3:30 Ridiculous Riddles 6:30 Resident Bingo	9:30 Good Morning Old Court 14 10:00 Sittercise/Juice Bar 10:30 Bible Study w/ Eddie 2:00 Win Victory Church 2:30 You Tube Tuesday 3:00 Resident Entertainment Committee 6:30 Resident Game Night	9:30 Good Morning Old Court 15 10:00 Morning Stretch 10:15 Juice Bar 10:45 Word in a Word 11:00 Telling Jokes 2:00 Nail care and Movie 3:30 Hydration 6:30 Movie Matinee	9:30 Good Morning Old Court 16 10:00 Morning Stretch 10:15 Juice Bar 10:30 Daily Devotional 10:45 Arts and Crafts 2:00 Bingo 3:00 Salsa and Chips 6:30 Open Activity Room	9:30 Good Morning Old Court 17 10:00 Morning Stretch 10:15 Juice Bar 10:30 A to Z Trivia 11:00 Bowling for Prizes 2:00 Happy Hour w/Cliff Wilder 3:00 Trivia Games 6:30 Resident Movie Night	9:30 Good Morning Old Court 18 10:00 Morning Stretch 10:15 Juice Bar 10:30 Grins and Groans 11:00 What Am I 2:00 Bingo 3:00 Liberty 7 <sup>th</sup> Day Adventist Church Service 6:30 Resident Card Night <small>Armed Forces Day</small>
9:30 Good Morning Old Court 19 10:00 Morning Stretch/Juice 10:30 Morning Star Baptist 11:30 Soft Music 2:00 Corner Rock Ministries 3:00 Bowling for Bucks 6:30 Open Activity Room	9:30 Good Morning Old Court 20 10:00 Morning Stretch 10:15 Juice Bar 10:30 Brain Aerobics 11:00 Word in a Word 2:00 Table Top Horse Racing 3:00 Sing a Long 6:30 Resident Bingo <small>Victoria Day (Canada)</small>	9:30 Good Morning Old Court 21 10:00 Morning Stretch 10:15 Juice Bar 10:30 Bible Study w/Mr. Eddie 11:30 Soft Music 2:00 Union Bethel AME Church 3:00 Movie and Miss Swiss 6:30 Resident Game Night	9:30 Good Morning Old Court 22 10:00 Ball Toss 10:15 Juice Bar 10:30 A to Z Trivia 11:00 Poetry Reading 2:00 Nail care and Movie 3:00 Hydration 6:30 Resident Game Night	9:30 Good Morning Old Court 23 10:00 Morning Stretch 10:15 Juice Bar 10:30 Do the Math 10:45 Spelling Bee 2:00 Bingo 3:00 Sing a Longs 6:30 Open Activity Room	9:30 Good Morning Old Court 24 12:00 Memorial Day Cook Out 6:30 Open Activity Room	9:30 Good Morning Old Court 25 10:00 Morning Stretch 10:15 Juice Bar 10:30 Tell a Story Day 11:00 Brian Aerobics 2:00 Bingo 3:00 Word in a Word 6:30 Resident Card Night
9:30 Good Morning Old Court 26 10:00 Morning Stretch/Juice 10:30 Morning Star Baptist Church 11:30 Spiritual Music 2:00 Union Bethel AME Church 3:00 The TAB@GBT Church 6:30 Open Activity Room	9:30 Good Morning Old Court 27 10:00 Morning Stretch 10:15 Juice Bar 10:30 Elder Trivia 11:00 Memorial Day Discussion 2:00 Memorial Day Crafts 6:30 Resident Bingo <small>Memorial Day</small>	9:30 Good Morning Old Court 28 10:00 Morning Stretch 10:15 Juice Bar 10:30 Bible Study w/Mr. Eddie 11:30 Soft Music 2:00 Making Jewelry 3:00 Hand Massage and Movie 6:30 Resident Game Night	9:30 Good Morning Old Court 29 10:00 Morning Stretch 10:15 Juice Bar 10:45 Arm Chair Travel 11:00 This and That 2:00 Nail care and Movie 3:30 Hydration 6:30 Movie Matinee	9:30 Good Morning Old Court 30 10:00 Morning Stretch 10:15 Juice Bar 10:30 Arts and Crafts 2:00 Bingo 3:00 Humorous Short Stories 6:30 Open Activity Room	9:30 Good Morning Old Court 31 10:00 Morning Stretch 10:15 Juice Bar 10:30 A to Z Trivia 11:00 Poetry Reading 2:00 Happy Hour w/Cliff Wilder 3:00 Trivia Games 6:30 Resident Movie Night	

Future Care Old Court Monday – Friday Activities are held in the unit 1 and unit 3 room and weekend programs are held on unit 3 Activity Room. Programs are subject to change upon residents request without notice.